



Benadryl (diphenhydramine HCl) Dosage Chart

Give the weight appropriate dosage listed below every 4-6 hours as needed, or as recommended by your pediatrician.

Weight (pounds)	Elixir (12.5mg / 5ml)	FastMelt Chewable (12.5mg tablets)	Tablets/Capsules & Quick Dissolve Strips (25mg tablets or 25mg strips)	Weight (kg) <i>For Staff Use Only</i>
8-9	1.25 ml (¼ tsp)			4
10-11	2ml			5
12-16	2.5 ml (½ tsp)			6-7
17-21	3.75 ml (¾ tsp)			8-9
22-25	4 ml			10-11
26-33	5 ml (1 tsp)	1 FastMelt		12-14
33-39	6 ml	1 FastMelt		15-17
40-45	7 ml (1 ½ tsp)	1 ½ FastMelt		18-20
46-52	9 ml	1 ½ FastMelt		21-23
53-58	10 ml (2 tsp)	2 FastMelt	1 tab/cap/strip	24-26
59-65	11 ml	2 FastMelt	1 tab/cap/strip	27-29
66-72	12 ml (2 ½ tsp)	2 ½ FastMelt	1 ½ tabs/caps/strip	30-32
73-80	14 ml	2 ½ FastMelt	1 ½ tabs/caps/strips	33-36
81-88	15 ml (3 tsp)	3 FastMelt	1 ½ tabs/caps/strips	37-40
89-99	17 ml	3 FastMelt	2 tabs/caps/strips	41-44
100-109	18 ml	4 FastMelt	2 tabs/caps/strips	45-49
≥ 110	20 ml (4 tsp)	4 FastMelt	2 tabs/caps/strips	≥ 50

* This is the maximum recommended safe dosage based on your child's weight. If the listed dosage makes your child too sleepy, you may need to decrease the amount of medicine given in each dose.