



Flu Vaccination

The flu vaccine is designed to help prevent spreading of the influenza virus. The vaccine is normally given between October and December of each year. For complete information about the vaccine and side effects, visit www.cdc.gov/flu on the web.

Types of vaccine: The flu shot may be given to anyone over 6 months of age. A nasally inhaled form of vaccine is available for people aged 5-49 years of age. If a person is receiving the vaccine for the first time they may require two doses of vaccine a month apart. All others need only one dose of vaccine.

Who should not be vaccinated: Certain groups of people should not be vaccinated. These include people with severe egg allergy, a history of severe reaction to influenza vaccine, children less than 6 months of age, and people who are sick at the time of vaccination.

Who should be vaccinated: Ideally, everyone else should receive a flu vaccine. It is most important for certain high risk children to receive a vaccine. These include children aged 6 months to 5 years of age, children who are immunocompromised, and children with chronic medical conditions. In addition, it is important that family members of these children also receive the vaccine. It is also important that all family members living in a household with a child under 6 months of age get vaccinated.

Where to get the vaccine: Acute Kids does NOT provide flu vaccinations. We feel it is important that each child have a primary care physician. Please call your physician to arrange for vaccination for your child. If you do not have a primary care physician, you can find one at our website, www.AcuteKidsCare.com.

Please note: These guidelines are not meant to diagnose any condition, or treat any condition not diagnosed by a physician. They are provided for general information only. If you are concerned about your child's condition, call a physician or 911 immediately.